

Appendix 1

Manchester's plan on a page for 2023 to 2026



Strategic aims:	<ul style="list-style-type: none"> • Improve the health and wellbeing of people in Manchester • Strengthen the social determinants of health and promote healthy lifestyles 	<ul style="list-style-type: none"> • Ensure services are safe, equitable and of a high standard with less variation • Enable people and communities to be active partners in their health and wellbeing • Achieve a sustainable system
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Our two priorities for 2023-26 are:	As a result, people will:	We will deliver through action on:
<p>1. Improve physical and mental health and wellbeing, prevent ill-health and address health inequalities</p>	<ul style="list-style-type: none"> • Live longer in good health, wherever they are in the city 	<ul style="list-style-type: none"> • Effective prevention and management of long term conditions to keep people healthier • Targeted work with communities, regeneration and improving the social determinants of health • Joined up health and care services in neighbourhoods, which meet people's physical, mental and social needs
<p>2. Improve access to health and care services</p>	<ul style="list-style-type: none"> • Be able to access the right care, at the right time, in the right place, in the right way 	<ul style="list-style-type: none"> • Improving speed and methods of access to primary care and mental health services • Optimising capacity in the community to reduce demand for hospital care and expedite hospital discharge • Enabling self care and promoting independent living • Improving workforce sustainability via local recruitment